

# SUMMER CAMP 2016

# A MOUNTAIN OF FUN IN VALTELLINA

**Host Country:** Italy

**Organizer:** Rotary Club Sondrio

**Period:** June 25th 2016 - July 9th 2016

**Participants:** 15 (boys and girls from different countries)

**Age range:** 15-18

**Participation fee:** 100 € to be transferred to the bank account  
that will be given with the confirmation

**Official language:** English





# PROGRAM 2016

**Sat. June 25th** Meeting at Milano Malpensa Airport and transfer to Sondrio  
Welcome dinner

**Sun. June 26th** Day with host families

**Mon. June 27th** Morning: Trip to Val di Mello – Rock climbing experience  
Afternoon: Visit to health Spa in San Martino



**Tue. June 28th**



Morning: Visit the nature reserve Novate Mezzola  
Afternoon: Go Kart Colico  
Dinner: Club convivial

**Wed. July 29st** Trip to Valmalenco  
Visit to the mine talc IMI Fabi



**Thu. July 30nd**



Morning: Visit to historical “Palazzo Besta” of Teglio and visit to retirement home  
Afternoon: Rafting on the River Adda  
Evening: Go out to Sondrio

**Fri. July 1st**

**Morning: Fly emotion**  
**Afternoon: Cycle trip**



**Sat. July 2nd**



**Sailing on Lake Como**

**Sun. July 3rd**

**Outing Club to "Rifugio Schiazzera"**  
**Stay at refuge**



**Mon. July 4th**



**"Rifugio Schiazzera"**

**Tue. July 5th**

**"Rifugio Schiazzera"**  
**Back to Sondrio**



**Wed. July 6th**

**Morning: transfer to Stelvio**  
**Lunch: Pirovano**  
**Afternoon: visit to the famous Spas**  
**Bormio Terme**



**Thu. July 7th**



**Morning: cultural visit in Milano**  
**Afternoon: free time - shopping**  
**Evening of goobdyes**

**Fri. July 8th**

**Free day**

**Sat. July 9th**

**Transfer airport**

### **INSURANCE**

The insurance Policy required for the camp and activities must be stipulated with the following company as the policy includes all the necessary cover requirement for this type of Camp.

Please follow the link [www.cisi-bolduc.com](http://www.cisi-bolduc.com) and enroll for PLAN B — ONE MONTH

### **USEFUL INFORMATION**

**It is advisable to be fit and enjoy the outdoor life**

**All cost Included except travelling expenses to and from Milan**

### **CLOTHES / EQUIPMENT**

Good trekking boots (if you do not have them, you might not be allowed to take part in some excursions)

Rucksack for the mountains, waterproof warm jacket, long and short trekking trousers, swimming costume, thermal underwear for the mountains (about 2000 mt height), waterproof hat or hood, light anorak, sunglasses.

Pocket Money

**If you would like to apply for this camp, please contact the Camps Coordinator, Alistair Knox**

**email: [camps@youthexchange.org.uk](mailto:camps@youthexchange.org.uk)**