



ROTARY YOUTH EXCHANGE

POLAND

District 2230

SHORT TERM EXCHANGE PROGRAM

SUMMER CAMP and HORSES - WROCLAW, POLAND 2016

- NAME:** 5rd Summer Camp and Horses 2016
- WHERE:** Wielka Lipa – near Oborniki Śląskie, (25 km North from Wrocław, 300 km East from Berlin)
- WHEN:** July 15 – July 27, 2016 Family Period, July 15 – July 17
Camp Period, July 18– July 27
- ARRIVAL:** Train, bus station or airports in Wrocław, July 15
- DEPARTURE:** Train, bus station or airports in Wrocław, July 27
- PARTICIPANTS:** 6 boys and 6 girls - one participant from each country, with a good knowledge of English.
- AGE:** 17 - 24 years
- PROGRAMME:**
- **Friday 15st of July 2016**

Arrival Day. The participants arrive to the Train station, Bus station or airport in Wrocław
On the Station please look for the symbol of Rotary.
From there, participants will be transported to host-family.
Dinner with families.
 - **Saturday 16nd of July 2016**

Visit Wrocław with host families and members of RC Wrocław – Panorama Raławicka, Ostrów Tumski, Rynek
 - **Sunday 17rd of July 2016**

Visit Wrocław
Aquapark Wrocław
Departure to the Wielka Lipa – Arkadia
<https://www.facebook.com/139735672771740>
www.wielkalipa5.pl
 - **Monday 18th of July 2016**

-Ośrodek Jeździecki Arkadia. Short lecture about the safety rules when working in the stables and riding. Lesson of the topography. Time for get to know all camp participants.
Working in the stables.
-Welcoming evening campfire in Arkadia- singing to the sound of the guitar
Snooker
 - Tuesday 19th of July 2016**

Work in the stable. Horse ride. In the afternoon carriage ride around the area.



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-Wednesday 20th of July 2016

Work in the stable. In the afternoon carriage ride around the area.
Golf play in Brzeźno Castle

-Thursday 21th of July 2016

Bike tour around the area
Water sports - canoes, pedal boats
Work in the stable.

-Friday 22th of July 2016

Horse ride. Work in the stable.
Karaoke
Europe Evening – dinner prepared by European participants. (This may change)

- Saturday 23th of July 2016

Horse ride. Work in the stable
Rotary meeting.
Welcoming evening with the members of the RC Wroclaw Work in the stable.

-Sunday 24th of July 2016

Work in the stable
Walking tour to the palace in Bagno
Evening with the campfire and music.

-Monday 25th of July 2016

Work in the stable
Basketball, volleyball matches

-Tuesday 26th of July 2016

Horse ride. Work in the stable. Saying goodbye to the horses. Goodbye dinner in Arkadia

-Wednesday 27th of July 2016

Saying goodbye to the camp participants and departures from Wielka Lipa to the Train, Bus Station or Airport in Wroclaw.

Daily exercise at the fitness room, volleyball and basketball!





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P O L A N D

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COSTS:

Participation fee – ” 100 paid after arrival.
The participants will cover their travel costs to Wrocław and back home. Be prepared to have some pocket money.

INSURANCE:

Participants must have a valid insurance.

Other:

Breakfast 7.30 - 8.30
Lunch 13.00 - 14.00
Dinner 18.00

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If you would like to apply for this camp, please contact the Camps Coordinator,
Alistair Knox - email: camps@youthexchange.org.uk

D-2230 RYE website: www.rotary2230.pl