



# Rotary

## Summer Camp South East Norway 2019

District 2290 and the Rotary clubs of Kristiansand, Ulefoss and Stokke invite you to participate at the **Summer Camp 2019 in South East of Norway.**



*Discover the real Norwegian southern summer with swimming, hiking and visiting idyllic south coast scenery, inland woods and powerful mountain country. There will also be visits to different tourist attractions, city walks and overnight visits to Norwegian host families.*

*And not to forget, joyful time together with new friends from all around the world!*



**Date:** 5th to 19th August

**Age:** From 17 to 19 years

**Participants:** Max 12, boys and girls, preferably one from each country.

**Arrival:** Kristiansand Airport, Kjevik (**KRS**), by ferry from Denmark or by train from Oslo.

**Departure:** Sandefjord Airport, Torp (**TRF**), by ferry to Sweden or by train to Oslo.

**Applications:** Contact the Camps Coordinator: Alistair Knox - email: [camps@youthexchange.org.uk](mailto:camps@youthexchange.org.uk)

**Local contact:** Marianne Brandett

**Camp fee:** €100 EURO per person.

**Stay:** You will be taken care of by members of the Rotary clubs. We hope that you also will get to know some Norwegian youths that we hope will join parts of the program.

We look forward to seeing you here in Norway in August.

Best regards from the Rotary clubs of Kristiansand, Ulefoss and Stokke.

# ROTARY

## Summer Camp South East Norway 2019

### Theme: OUTDOOR LIFE AND NATURE

Arranged by the Rotary Clubs of Kristiansand, Ulefoss and Stokke

#### PROGRAM

05<sup>th</sup> – 19<sup>th</sup> August

#### **KRISTIANSAND:**

##### **Monday, August 05<sup>th</sup>**

Arrival at Kjevik airport, by train or ferry, transport to hotel in city center. After check-in, welcome greetings and information about the camp, the city and the countryside, there will be dinner and time to get to know each other.

##### **Tuesday, August 06<sup>th</sup>**

Walking tour in the center of the Renaissance Town of Kristiansand, founded 1641. Guided tour at the University of Agder. Then by boat to the island Bragdøya recreation area for different outdoor activities, bathing, rowing, kayaking etc. Overnight stay will be in cabins.

##### **Wednesday, August 07<sup>th</sup>**

After breakfast transport ashore to the Cannon Museum just outside city. The museum has the world's second largest cannon on land from World War II. Then a trip to a large lake for canoeing and other outdoor activities and camping outdoor for the night. We will cook our own food.

##### **Thursday, August 08<sup>th</sup>**

After return to the city a visit to Hennig-Olsen, one of the largest ice cream factories in Norway. Maybe we also reach to visit the big sailing ship Sørlandet, the world's oldest full-rigged ship in use as a school ship. Then some free time for strolling along in the city with some Norwegian youths. The participants will be accommodated for the night with Rotary families. Experience a Norwegian home.

##### **Friday, August 09<sup>th</sup>**

After breakfast we all go by car up the Setesdal Valley for accommodation in the mountains at Bjørnevann Lodge. On the way up we stop and visit some nice tourist sights, included a folk museum and a modern, environmentally friendly power plant, Hekni. At the Lodge we will have bonfires and prepare our own food.

#### **ULEFOSS:**

##### **Saturday, August 10<sup>th</sup>**

Good bye to Kristiansand Rotary Club and members from Ulefoss Rotary Club will come and pick you up at the Bjørnevann Lodge. The first stop will be Dalen Hotel, a "fairytale" building in national romantic style with dragon heads, towers and spires. It has been awarded the Europa Nostra's highest prize for the preservation of unique cultural heritage. Among other stops there will be visit to Eidsborg Stave Church from 1250, then a neighbouring museum with traditional national costumes, locally quarried whetstones and other things and stop at Morgedal Ski Museum with Norway's ski history. The tour ends at Sætre farm in the heart of Telemark County. This will be the "basecamp" during the stay.

##### **Sunday, August 11<sup>th</sup>**

Various outdoor activities at Sætre.

**Monday, August 12<sup>th</sup>**

A boat trip on a leg of the Telemark Canal. At its completion in 1892, major European newspapers characterized it as "The Eight Wonder of the World". 500 men worked for 5 years to blast through mountains with 18 lock chambers lifting steamers a height difference of 72 m and a length of 105 km.

**Tuesday, August 13<sup>th</sup>**

Tour to the mountain Gaustadtoppen which rises 1883 metres above sea level. This is one of the best viewpoints in Norway. Walking at normal pace will take you up in less than 3 hours; the descent will normally take 2 hours. The difference in altitude is about 700 meter. Good footwear is required.

**Wednesday, August 14<sup>th</sup>**

Visit to Bø Sommerland, a famous Amusement park and a popular tourist attraction with one of Europe's largest, and Norway's only outdoor waterpark.

**STOKKE:****Thursday, August 15<sup>th</sup>**

This day Stokke Rotary takes over the "rely pin". Transportation from Sætre to the village of Stokke in Sandefjord, Vestfold County. After welcome reception with briefing on the stay, the participants will visit and stay with their host families for the night. Two youths per family.

**Friday, August 16<sup>th</sup>**

Trip to the deep forests and lakes with canoeing, fishing, berry picking, cooking over the fire. Accommodation in lavvo and / or cabin.

**Saturday, August 17<sup>th</sup>**

After breakfast drive to the village of Melsomvik for accommodation. In the morning swimming, boat trip out on the sea in the local area. In the afternoon excursion to the medieval town of Tønsberg, counted as Norway's oldest city from 871. Tour of Slottsfjellet, lectures on the Viking Age and visit to an old Viking ship, possibly also a large area with burial mounds.

**Sunday, August 18<sup>th</sup>**

After breakfast we head to Scandinavia's largest Climbing Park "High and low". Outdoor activities all day. Towards the evening return to Melsomvik for accommodation.

**Monday, August 19<sup>th</sup>**

Home travel day. Transport for departure from Sandefjord Airport (Torp) or to train station for train to Gardemoen Airport north of Oslo.

**GENERAL INFORMATION:**

The camp is organised by Kristiansand Rotary Club, Ulefoss Rotary Club and Stokke Rotary Club. These three clubs will cover all accommodations, activities, meals and transport during the stay. The transports from and to the local airports in Norway will also be paid for.

But remember pocket money! – and that the currency is Norwegian kroner (NOK). Exchange rate of today (30 th January 2019): 1 EURO = 9,70 NOK.

The camp takes place during summer time in Norway. But the weather conditions are often unpredictable, so bring along not only summer clothes, but remember also warm and windproof jacket and rainwear. Because of outdoor activities and overnight stay you also need good shoes for hiking, sleeping bag and towels, and remember swimwear.

The food will be traditional Norwegian and international. Please inform us if you have any restrictions or allergies in type of food.

Insurance should be against illness, accidents and third party liabilities according to Rotary International recommendations. Participants will be responsible for insurance and personal expenses.

Camp fee is €100 EURO per person, to be paid upon our acceptance of your registration.

You will be taken care of, transported and looked after every day by our members. Hopefully you will become friends with many youths from different countries around the world and some Norwegian youths that we hope will join parts of the program.

We all look forward to meeting you here in the southern part of Norway!

With kind regards

Arne Bulie  
Kristiansand

Einar Kallager  
Ulefoss

Anne-Berit Greff  
Stokke