



**ROTARY INTERNATIONAL
YOUTH EXCHANGE – MULTIDISTRICT NORWAY
2250 – 2260 – 2275 – 2290 – 2305 - 2310**

**District 2305 and the Rotary clubs of
Ørskog, Sykkylven, Spjelkavik and Sula invite you to
Summer Camp NORWAY 2019 from 5.-15. August.**

- Theme:** Explore the North West of Norway.
Date: 5. to 15. August 2019.
Arrival and Departure: From same airport outside Ålesund: Ålesund Airport (AES).
Location: There will be 4 locations: First Ørskog east of Ålesund, then Sykkylven, Spjelkavik and lastly Sula.
Participants: 12 participants, boys and girls. One from each country.
Age: From 18 to 23 years.



- Language:** English.
Accommodation: Mountain lodge and private host families.
Program: Varied program. including possible stay in a mountain lodge with outdoor activities. Mountain hiking and excursions to local places (industry, culture etc)
More detailed program will be sent out later.

- Clothing:** Summer clothes including suit for swimming, warmer clothes and good shoes for hiking in the mountain. Wind jacket, sweater
Food: Traditional Norwegian food and international. Please inform us if you have any restrictions in type of food.
Alcohol: The camp is non-alcoholic



Costs:

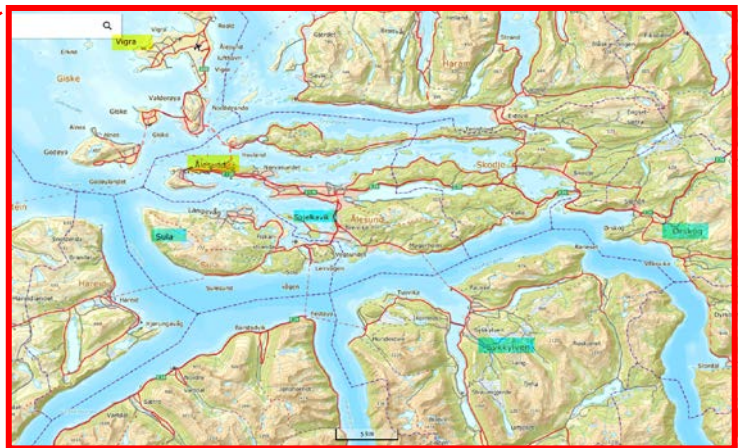
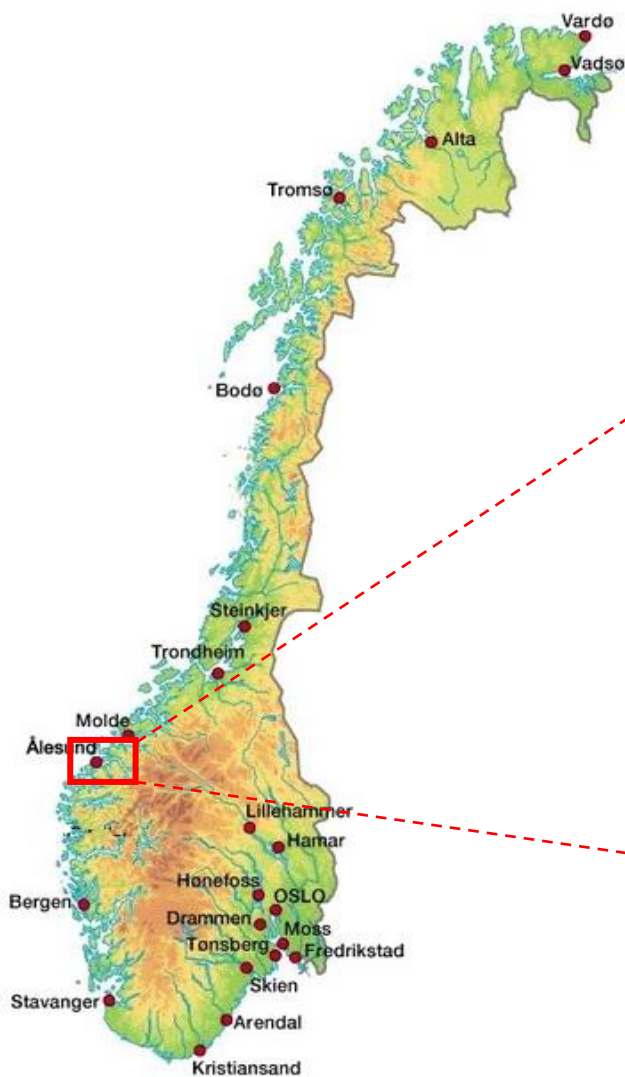
Participation fee is NOK 2000 (approx €205).
Pocket money is not included in participation fee.

Insurance:

Participants must be insured against illness, accidents and third party liabilities according to Rotary International recommendations.

Acceptance:

We will accept participants in order of entry of applications. However, we will try to balance between boys/girls to have same number if possible.



Contact persons (Ørskog Rotary):

Flemming Stær
Harry Klein Hulse

Applications:

To apply for this camp, contact the Camps Coordinator:
Alistair Knox - email: camps@youthexchange.org.uk