



# ROTARY YOUTH EXCHANGE

POLAND

District 2231

SHORT TERM EXCHANGE PROGRAM

## 8<sup>th</sup> SUMMER CAMP, SPORT and HORSES - WROCLAW, POLAND 2019

- NAME:** 8<sup>th</sup> Summer Camp, Sport and Horses 2019
- WHERE:** Wielka Lipa – near Oborniki Śląskie, (25 km North from Wrocław, 300 km East from Berlin)
- WHEN:** July 19 – July 31, 2019
- |  |                 |                   |
|--|-----------------|-------------------|
|  | Wrocław Period, | July 19 – July 21 |
|  | Camp Period,    | July 22 – July 31 |
- ARRIVAL:** Train, bus station or airport in Wrocław, July 19
- DEPARTURE:** Train, bus station or airport in Wrocław, July 31
- PARTICIPANTS:** 6 boys and 6 girls - one participant from each country, with a good knowledge of English.
- AGE:** 18 - 24 years

### PROGRAMME:

#### - Friday 19<sup>th</sup> of July 2019

Arrival Day.

The camp starts 19<sup>th</sup> of July 2019. The participants arrive to the Train station, Bus station or Airport (WRO) in Wrocław on the July 19<sup>th</sup> of 2019. We look forward to the participants in the arrival times on the station or airport. On the Station please look for the symbol of Rotary. From there, participants will be transported to host-family.

Dinner with families.

#### - Saturday 20<sup>th</sup> of July 2019

Visit Wrocław with host families and members of RC Wrocław –

Panorama Raławicka, Ostrów Tumski, Rynek

#### - Sunday 21<sup>th</sup> of July 2019

Visit Wrocław

Aquapark Wrocław

Departure to the Wielka Lipa – Arkadia

Rotary meeting

<https://www.facebook.com/139735672771740>

[www.wielkalipa5.pl](http://www.wielkalipa5.pl)

#### - Monday 22<sup>th</sup> of July 2019

-Ośrodek Jeździecki "Arkadia". Short lecture about the safety rules when working in the stables and riding. Lesson of the topography. Time for get to know all camp participants. Working in the stables.

-Welcoming evening campfire in Arkadia- singing to the sound of the guitar

-Snooker

#### -Tuesday 23<sup>th</sup> of July 2019

Work in the stable. First horse ride.

After lunch - the theory of horses.



# ROTARY YOUTH EXCHANGE

POLAND

District 2231

SHORT TERM EXCHANGE PROGRAM

## **-Wednesday 24<sup>th</sup> of July 2019**

Work in the stable.

Golf play at Brzeźno Castle or sailing at Olejnica.

## **-Thursday 25<sup>th</sup> of July 2019**

Bike tour around the area

Water sports - canoes, pedal boats

Horse ride

## **-Friday 26<sup>th</sup> of July 2019**

Horse ride - until dinner

Europe Evening – dinner prepared by European participants.

## **-Saturday 27<sup>th</sup> of July 2019**

Work in the stable

Sailing

## **-Sunday 28<sup>th</sup> of July 2019**

Work in the stable

Walking tour to the palace in Bagno

Evening with the campfire and music.

## **-Monday 29<sup>th</sup> of July 2019**

Work in the stable, Horse ride

Saying goodbye to the horses

## **-Tuesday 30<sup>th</sup> of July 2019**

Basketball, volleyball matches.

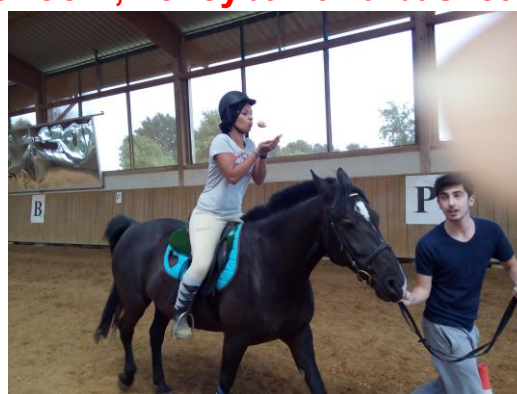
Goodbye dinner in Arkadia

## **-Wednesday 31<sup>th</sup> of July 2019**

Saying goodbye to the camp participants and departures from Wielka Lipa to the Train Station, Bus Station or Airport in Wrocław.

Camp schedules may change depending on the weather

**Daily exercise at the fitness room, volleyball and basketball!**





# ROTARY YOUTH EXCHANGE

P O L A N D

District 2231

SHORT TERM EXCHANGE PROGRAM



More: <https://www.facebook.com/Rotary-Summer-Camp-Wroclaw-1762040397404261/>

**COSTS:** Participation fee – €200, paid after arrival.

The participants will cover their travel costs to Wrocław and back home. Be prepared to bring some pocket money.

**INSURANCE:** Participants must have a valid insurance according to Rotary requirements.

**APPLICATIONS:** To apply for this camp, contact the Camps Coordinator:  
Alistair Knox - email: [camps@youthexchange.org.uk](mailto:camps@youthexchange.org.uk)

**Other:**

Breakfast	7.30 - 8.30
Lunch	13.00 - 14.00
Dinner	18.00

Zdzisław Kiedrowski – YEO RC Wrocław